



**Shelley M. Speed, RN, MSN, ACNP-C, CNRN
Certified Nurse Practitioner**

Shelley Speed joined Spine Team Texas in February 2010 as a neurological/pain management nurse practitioner. With nearly 19 years professional nursing experience, including 12 years as a neurological nurse practitioner and clinician, she brings tremendous neurosurgical knowledge and skills to Spine Team Texas.

Before joining Spine Team Texas, Speed held nursing positions at several esteemed healthcare facilities in the Dallas-Fort Worth area, including Parkland Hospital, Baylor Medical Center at Irving, and the Brain & Spine Center of Texas. Speed received her nursing degree (BSN) from Laurentian University in Sudbury, Canada, and earned her master's of science degree in nursing (MSN) from the University of Texas at Arlington (UTA). In addition to her outstanding credentials, she also holds the following certifications: basic life support (BLS) since 1993; advanced cardiac life support (ACLS) since 1994; adult critical care nurse (CCRN) 1994-2007; and certified neuroscience registered nurse (CNRN) since 1995.

During her nursing career, Speed has been a member of the adjunct clinical faculty for UTA, served as a preceptor for nurse practitioner students from UTA and Texas Women's University, developed and taught various neuroscience lectures and critical care programs, and co-authored a research paper published in the *Journal of Neurosurgery* (December 2010) on the analysis of prevertebral soft tissue swelling and dysphagia in multilevel anterior cervical discectomy.

Speed's work and professional activities have earned her numerous awards:

- Student Participation Award, 1992
- Leadership Award, 1992
- Annette Strauss Employee Award, 2000
- Clinical Excellence Award, 2001
- Great 100 Nurses, 2004

A native of Canada, Speed currently resides in Dallas and enjoys training her four dogs, being a foster parent, hockey, and travelling to Maui.