



Heather Blackburn, MD
Physical Medicine and Rehabilitation

Dr. Heather Blackburn joined Spine Team Texas in 2006, where her skills as a physiatrist and specialization in women's health issues have been put to good use. Through innovation, management and treatment, she provides nonsurgical relief of neck and back pain to her patients.

Dr. Blackburn has a particular interest in women's health issues as related to the spine, spanning all generations from the young female athlete, to gestational back pain and osteoporosis. She is also trained in electromyography and nerve conduction studies.

Dr. Blackburn received her medical degree from the University of Texas Medical Branch and her undergraduate degree in biology from Baylor University. Practicing in North Texas brings Dr. Blackburn almost full circle as she grew up in nearby Paris, Texas.

She completed her residency in physical medicine and rehabilitation at William Beaumont Hospital, one of the premiere spine centers in Michigan. Dr. Blackburn was chief resident during her final year at Beaumont and also served as the PM&R resident representative on the Beaumont Pain Committee at the hospital.

Through her membership and commitment to the American Academy of Physical Medicine and Rehabilitation, Dr. Blackburn is being considered for publication for work related to her expertise with osteoarthritis and the glenohumeral joint. This is just one of many research projects that Dr. Blackburn has been involved in throughout her medical career.

Spine Team Texas
1545 East Southlake Boulevard
Suite 100
Southlake, TX 76092
Phone: 817.442.9300
Fax: 817.416.0108

Contact: Andrea Becicka
Spine Team Texas
817-749-2141
andrea@spineteamtexas.com